



Mohammad A. Ansari, MD is a board-certified Psychiatrist through American Board of Psychiatry and Neurology. He finished his residency training from St. Elizabeth's/CMHS in Washington DC where he also served as a chief resident. Dr. Ansari has extensive clinical and administrative experience and is licensed to practice in Virginia and Maryland. He is currently affiliated with Sheppard Pratt Health systems- one of the leading psychiatric facilities in the country. Dr. Ansari utilizes a personalized approach to treat his patients. He focuses on comprehensive diagnostic evaluations and individualized treatment of a variety of psychiatric conditions including depression, anxiety, bipolar disorder, attention deficit disorder and post-traumatic stress related conditions as well as work related interpersonal challenges and coaching. Dr. Ansari works closely with his patient's primary care physician and therapists to ensure best care through behavioral interventions and medication management. Dr. Ansari also offers a variety of evidence-based treatment interventions which allows him to design an individualized treatment that addresses multiple factors causing emotional and/or cognitive distress in patient's life.